



# Gym Schedule

## Hillsborough YMCA

Created: 1/18/2019

**KEY:**

<b>MONDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
5:00 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
9:00 AM-10:00 AM	Open Basketball		Back 1/2 Gym
12:00 PM-2:00 PM	Open Basketball		Front 1/2 Gym
2:30 PM-3:30 PM	Open Basketball		Back 1/2 Gym
6:00 PM-9:45 PM	Open Basketball		Front 1/2 Gym
7:15 PM-9:45 PM	Open Basketball		Back 1/2 Gym
<b>TUESDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
5:00 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
9:00 AM-10:00 AM	Open Basketball		Back 1/2 Gym
12:00 PM-2:00 PM	Open Basketball <i>if Pickleball not in session</i>		Back 1/2 Gym
2:30 PM-3:30 PM	Open Basketball		Back 1/2 Gym
6:00 PM-9:45 PM	Open Basketball		Front 1/2 Gym
8:00 PM-9:45 PM	Open Basketball		Back 1/2 Gym
<b>WEDNESDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
5:00 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
9:00 AM-10:00 AM	Open Basketball		Back 1/2 Gym
12:00 PM-2:00 PM	Open Basketball		Front 1/2 Gym
2:30 PM-3:15 PM	Open Basketball		Back 1/2 Gym
5:30 PM-7:00 PM	Open Basketball		Back 1/2 Gym
6:00 PM-7:00 PM	Open Basketball		Front 1/2 Gym
<b>THURSDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
5:00 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
9:00 AM-10:00 AM	Open Basketball		Back 1/2 Gym
12:00 PM-2:00 PM	Open Basketball <i>if Pickleball not in session</i>		Back 1/2 Gym
2:30 PM-3:15 PM	Open Basketball		Back 1/2 Gym
6:00 PM-9:45 PM	Open Basketball		Front 1/2 Gym
8:00 PM-9:45 PM	Open Basketball		Back 1/2 Gym
<b>FRIDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
5:00 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
9:00 AM-10:30 AM	Open Basketball		Back 1/2 Gym
12:00 PM-2:00 PM	Open Basketball		Front 1/2 Gym
2:30 PM-4:00 PM	Open Basketball		Back 1/2 Gym
6:30 PM-9:45 PM	Open Basketball <i>Planet Y for Middle and High School students</i>		Gym
<b>SATURDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
6:30 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
9:00 AM-12:45 PM	Open Basketball		Front 1/2 Gym
1:00 PM-3:00 PM	Open Basketball <i>if birthday party not scheduled</i>		Front 1/2 Gym
3:00 PM-4:45 PM	Open Basketball		Back 1/2 Gym
3:15 PM-7:45 PM	Open Basketball		Front 1/2 Gym
5:00 PM-7:30 PM	Open Volleyball		Back 1/2 Gym

<b>SUNDAY</b>	<b>CLASS</b>	<b>INSTRUCTOR</b>	<b>LOCATION</b>
7:00 AM-9:00 AM	Open Basketball <i>Adult Pickup Basketball Games</i>		Gym
10:00 AM-5:45 PM	Open Basketball		Front 1/2 Gym
11:30 AM-12:30 PM	Open Basketball		Back 1/2 Gym
1:00 PM-3:00 PM	Open Basketball <i>if birthday party not scheduled</i>		Back 1/2 Gym
3:15 PM-5:45 PM	Open Basketball		Back 1/2 Gym

## **CLASS DESCRIPTIONS**

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**OPEN BASKETBALL**

**OPEN VOLLEYBALL**

For more information, please contact Lisa Welsh at [lwelsh@somersetcountyyymca.org](mailto:lwelsh@somersetcountyyymca.org) or 908 369 0490.