



Gym Schedule

Somerville YMCA

Created: 1/18/2019

KEY:

MONDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-8:00 AM	Open Gym		Gym (Full)
8:00 AM-9:00 AM	Open Gym <i>Childcare on other half</i>		Gym (half)
9:00 AM-11:30 AM	Pickleball		Gym (half)
11:30 AM-2:00 PM	Open Gym <i>Childcare on other half</i>		Gym (half)
TUESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-8:00 AM	Open Gym		Gym (Full)
WEDNESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-9:00 AM	Open Gym		Gym (Full)
9:00 AM-11:30 AM	Pickleball		Gym (half)
9:00 AM-10:00 AM	Open Gym <i>Pickleball on other half</i>		Gym (half)
11:30 AM-12:00 PM	Open Gym <i>Childcare on other half</i>		Gym (half)
12:00 PM-4:00 PM	Open Gym		Gym (Full)
5:00 PM-10:00 PM	Open Gym		Gym (Full)
THURSDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-9:00 AM	Open Gym		Gym (Full)
11:00 AM-12:00 PM	Open Gym <i>Childcare on other half</i>		Gym (half)
12:00 PM-12:30 PM	Open Gym		Gym (Full)
FRIDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-9:00 AM	Open Gym		Gym (Full)
9:00 AM-11:30 AM	Pickleball		Gym (half)
9:00 AM-11:30 AM	Open Gym <i>Pickleball on other half</i>		Gym (half)
11:30 AM-4:00 PM	Open Gym		Gym (Full)
4:00 PM-5:00 PM	Open Gym <i>Classes on other half</i>		Gym (half)
5:00 PM-5:30 PM	Open Gym		Gym (Full)
7:30 PM-9:30 PM	Badminton		AP Room
9:30 PM-10:00 PM	Open Gym		Gym (Full)
SATURDAY	CLASS	INSTRUCTOR	LOCATION
4:30 PM-6:00 PM	Badminton		AP Room
SUNDAY	CLASS	INSTRUCTOR	LOCATION
9:00 AM-11:30 AM	Open Volleyball		Gym (half)
9:00 AM-4:30 PM	Open Gym <i>Volleyball, Badminton, & Clinic on other half</i>		Gym (half)
11:30 AM-1:00 PM	Badminton Advance		Gym (half)
4:30 PM-6:00 PM	Open Gym		Gym (Full)

CLASS DESCRIPTIONS

BADMINTON

Open badminton court. Bring your racket, meet new people and have fun!

BADMINTON ADVANCE

Badminton for advanced players. Adults only

OPEN GYM

OPEN VOLLEYBALL

Open Volleyball 13 years old and up

PICKLEBALL

Pickleball 13 years old and Up