



Gym Schedule

Somerset Hills YMCA-Mt. Airy

Created: 7/17/2019

Scheduled Closures:

The Gym will be closed from **3:30pm to 5:30pm** on the following dates for our Saturdays in Motion program:

- October 13 & 20**
- November 17 & 24**
- December 1 & 22**
- January 5 & 26**
- February 9 & 23**
- March 16 & 23 & 30**

Schedule is subject to change.

For more information about the gym schedule or sports activities, please contact Mickey Gilberti, Associate Program Director via [webmail](#) or at [908 766 7898 x502](tel:9087667898).

KEY:

MONDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
6:15 PM-9:55 PM	Open Gym		Gym (Full)
TUESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
8:15 PM-9:55 PM	Open Gym		Gym (Full)
WEDNESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
12:00 PM-1:30 PM	Adult Basketball		Gym (Full)
7:30 PM-9:55 PM	Open Gym		Gym (Full)
THURSDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
8:15 PM-9:55 PM	Adult Basketball		Gym (Full)
FRIDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
12:00 PM-1:45 PM	Adult Basketball		Gym (Full)
6:30 PM-8:30 PM	Open Gym for Teens		Gym (Half)
8:00 PM-9:55 PM	Open Gym		Gym (Full)
SATURDAY	CLASS	INSTRUCTOR	LOCATION
6:00 AM-9:45 AM	Adult Basketball		Gym (Full)
9:45 AM-7:55 PM	Open Gym		Gym (Full)
SUNDAY	CLASS	INSTRUCTOR	LOCATION
7:00 AM-10:15 AM	Adult Basketball		Gym (Full)
12:30 PM-5:55 PM	Open Gym		Gym (Full)

CLASS DESCRIPTIONS

ADULT BASKETBALL

OPEN GYM

OPEN GYM FOR TEENS