



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# MAKE 2016 YOUR HEALTHIEST YEAR EVER

## Personal Training Tri-Pack

New to training? Ready to start again? Our **\$99 tri-pack** is the perfect way to get your wellness journey on track. Use these three 45-minute sessions to move and feel better this year.

**WHEN:** BY APPOINTMENT  
**WHO:** MEMBERS\*  
**WHERE:** HILLSBOROUGH YMCA  
SOMERSET HILLS YMCA  
SOMERVILLE YMCA  
**COST:** \$99

\*New members and members who haven't purchased personal training here for over a year. Limited to one package per person.

Ask our Wellness staff for details.



### SOMERSET COUNTY YMCA

Association Office  
140 Mount Airy Road, Basking Ridge, NJ 07920  
(P) 908 766 7898  
[www.somersetcountyyymca.org](http://www.somersetcountyyymca.org)

 [Facebook.com/SomersetCountyYMCA](https://www.facebook.com/SomersetCountyYMCA)

 [Twitter.com/scymca](https://twitter.com/scymca)

The Y is the nation's leading nonprofit committed to strengthening the community through youth development, healthy living and social responsibility. At Somerset County YMCA, we believe everyone, regardless of age, income or background, should have the opportunity to learn, grow and thrive. For information about Somerset County YMCA and financial assistance, visit us at [www.somersetcountyyymca.org](http://www.somersetcountyyymca.org).