



# Gym Schedule

## Somerville YMCA

Created: 8/19/2017

**KEY:**

| <b>MONDAY</b>    | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
|------------------|---|-------------------|-----------------|
| 5:00 AM-8:00 AM  | Open Gym  |                   | Gym (Full)      |
| 12:30 PM-2:00 PM | Open Gym<br><i>Except weeks commencing 07/26. Subject to change during Summer camp pending inclement Weather.</i> |                   | Gym (Half)      |
| 12:30 PM-2:00 PM | Adult Basketball<br><i>Subject to change during Summer camp pending inclement Weather</i>                         |                   | Gym (Full)      |
| <b>TUESDAY</b>   | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
| 5:00 AM-8:00 AM  | Open Gym<br><i>Except weeks commencing 07/26</i>  |                   | Gym (Half)      |
| 12:30 PM-3:30 PM | Adult Basketball<br><i>Subject to change during Summer camp pending inclement Weather</i>                         |                   | Gym (Half)      |
| 4:00 PM-7:00 PM  | Open Gym  |                   | Gym (Half)      |
| 7:00 PM-10:00 PM | Adult Basketball  |                   | Gym (Full)      |
| <b>WEDNESDAY</b> | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
| 5:00 AM-8:00 AM  | Open Gym  |                   | Gym (Half)      |
| 12:30 PM-2:00 PM | Adult Basketball<br><i>Subject to change during Summer camp pending inclement Weather</i>                         |                   | Gym (Full)      |
| 12:30 PM-2:00 PM | Open Gym<br><i>Except weeks commencing 07/26. Subject to change during Summer camp pending inclement Weather.</i> |                   | Gym (Half)      |
| 7:00 PM-10:00 PM | Adult Basketball  |                   | Gym (Full)      |
| <b>THURSDAY</b>  | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
| 5:00 AM-8:00 AM  | Open Gym  |                   | Gym (Full)      |
| 12:30 PM-2:00 PM | Open Gym<br><i>Except weeks commencing 07/26. Subject to change during Summer camp pending inclement Weather.</i> |                   | Gym (Full)      |
| <b>FRIDAY</b>    | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
| 5:00 AM-9:00 AM  | Open Gym  |                   | Gym (Full)      |
| 6:30 AM-9:30 PM  | Teen Open Gym<br><i>Planet Y, September to June only</i>  |                   | Gym (Full)      |
| 12:30 PM-4:00 PM | Open Gym<br><i>Except weeks commencing 07/26. Subject to change during Summer camp pending inclement Weather.</i> |                   | Gym (Half)      |
| 12:30 PM-2:00 PM | Adult Basketball<br><i>Subject to change during Summer camp pending inclement Weather</i>                         |                   | Gym (Full)      |
| 5:30 PM-6:30 PM  | Adult Basketball  |                   | Gym (Half)      |
| 6:00 PM-6:30 PM  | Open Gym<br><i>Adult Basketball Courts</i>  |                   | Gym (Half)      |
| 6:30 PM-9:30 PM  | Open Gym<br><i>Planet Y \$ Grades 7-12 ONLY- September to June</i>  |                   | Gym (Full)      |
| <b>SATURDAY</b>  | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
| 7:00 AM-5:00 PM  | Open Gym  |                   | Gym (Full)      |
| <b>SUNDAY</b>    | <b>CLASS</b>  | <b>INSTRUCTOR</b> | <b>LOCATION</b> |
| 9:00 AM-12:00 PM | Open Gym  |                   | Gym (Half)      |

## **CLASS DESCRIPTIONS**

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**ADULT BASKETBALL**

**OPEN GYM**

**TEEN OPEN GYM**