



# Gym Schedule

## Somerset Hills YMCA-Mt. Airy

Created: 5/24/2017

### Scheduled Closures:

The Gym will be closed from **3:30pm to 5:30pm** on the following dates for our Saturdays in Motion program:

**October 1 & 22**  
**November 12 & 26**  
**December 3 & 17**  
**January 7 & 14**  
**February 11 & 25**  
**March 18 & 25**  
**April 15**

Schedule is subject to change.

For more information about the gym schedule or sports activities, please contact Bryan Elsasser, Sports Director at [belsasser@somersetcountymca.org](mailto:belsasser@somersetcountymca.org) or [908 766 7898 x501](tel:9087667898).

### KEY:

MONDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-8:30 AM	Open Gym		Gym (Full)
12:00 PM-1:00 PM	Adult Basketball		Gym (Full)
1:00 PM-3:00 PM	Open Gym		Gym (Full)
6:15 PM-8:30 PM	Adult Basketball		Gym (Full)
8:30 PM-10:00 PM	Open Gym		Gym (Full)
TUESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-9:00 AM	Open Gym		Gym (Full)
8:15 PM-10:00 PM	Open Gym		Gym (Full)
WEDNESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-8:30 AM	Open Gym		Gym (Full)
12:00 PM-1:30 PM	Adult Basketball		Gym (Full)
3:00 PM-4:00 PM	Open Gym		Gym (Full)
7:00 PM-7:45 PM	Open Gym		Gym (Full)
7:45 PM-10:00 PM	Adult Basketball		Gym (Full)
THURSDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-8:30 AM	Open Gym		Gym (Full)
2:15 PM-4:00 PM	Open Gym		Gym (Half)
8:15 PM-10:00 PM	Open Gym		Gym (Full)
FRIDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-8:30 AM	Open Gym		Gym (Full)
12:00 PM-1:45 PM	Adult Basketball		Gym (Full)
5:00 PM-6:30 PM	Open Gym		Gym (Half)
6:30 PM-8:30 PM	Open Gym		Gym (Half)
8:30 PM-10:00 PM	Open Gym		Gym (Full)
SATURDAY	CLASS	INSTRUCTOR	LOCATION
6:00 AM-10:00 AM	Adult Basketball		Gym (Full)
2:30 PM-8:00 PM	Open Gym		Gym (Full)
SUNDAY	CLASS	INSTRUCTOR	LOCATION
7:00 AM-10:00 AM	Adult Basketball		Gym (Full)
12:30 PM-6:00 PM	Open Gym		Gym (Full)

## **CLASS DESCRIPTIONS**

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**ADULT BASKETBALL**

**OPEN GYM**