



Gym Schedule

Somerset Hills YMCA-Mt. Airy

Created: 8/19/2017

Scheduled Closures:

The Gym will be closed from **3:30pm to 5:30pm** on the following dates for our Saturdays in Motion program:

October 1 & 22
November 12 & 26
December 3 & 17
January 7 & 14
February 11 & 25
March 18 & 25
April 15

Schedule is subject to change.

For more information about the gym schedule or sports activities, please contact Bryan Elsasser, Sports Director at belsasser@somersetcountyyymca.org or [908 766 7898 x501](tel:9087667898).

KEY:

MONDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
12:00 PM-1:00 PM	Adult Basketball		Gym (Full)
6:00 PM-8:00 PM	Adult Basketball		Gym (Full)
8:00 PM-10:00 PM	Open Gym		Gym (Full)
TUESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
8:15 PM-10:00 PM	Open Gym		Gym (Full)
WEDNESDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
12:00 PM-1:30 PM	Adult Basketball		Gym (Full)
6:00 PM-7:45 PM	Open Gym		Gym (Full)
7:45 PM-10:00 PM	Adult Basketball		Gym (Full)
THURSDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
8:15 PM-10:00 PM	Open Gym		Gym (Full)
FRIDAY	CLASS	INSTRUCTOR	LOCATION
5:00 AM-7:30 AM	Open Gym		Gym (Full)
12:00 PM-1:45 PM	Adult Basketball		Gym (Full)
8:15 PM-10:00 PM	Open Gym		Gym (Full)
SATURDAY	CLASS	INSTRUCTOR	LOCATION
6:00 AM-10:00 AM	Adult Basketball		Gym (Full)
1:00 PM-8:00 PM	Open Gym		Gym (Full)
SUNDAY	CLASS	INSTRUCTOR	LOCATION
7:00 AM-10:00 AM	Adult Basketball		Gym (Full)
12:30 PM-6:00 PM	Open Gym		Gym (Full)

CLASS DESCRIPTIONS

ADULT BASKETBALL

OPEN GYM